

DATA SHEET CHEST SHOULDER PRESS

Text for invitation to tender | Item No: 55 1311 401



In order to keep the upper body in shape for life, exercising the shoulder and pectoral muscles is mandatory. Using the stilum chest shoulder press ensures a functional correct movement resulting in highly efficient strengthening. The innovative design of the training device allows individually adjusted exercising.



TECHNICAL INFORMATION

Dimensions:
Main dimension: 2300 x 1070 mm
Height: 2300 mm
Weight: 181 kg
Capacity: acc. to normative requirements

Max. fall height: -
Movement area: 21,73 m²
Required safety slabs: 24,75 m²
Required lawn grating: 30,00 m²
Recommended surface material: grass, synth. impact protection

MATERIALS | SCOPE OF SUPPLY

Fitness equipment, pre-mounted

Tubular frame: stainless steel, V2A
Weights: Ø 270 mm
with spacer made of EPDM caoutchouc,
4 kg-weight 4 pieces
6 kg-weight 2 pieces
Standing area: steel, coated and covered with EPDM granules;
1 piece
Foundation plate: steel, coated
Instruction sheet: stainless steel, aludi-bond
1 piece

INSTALLATION

Foundation: 1

Installation according to our detailed mounting instructions, see www.stilum.com

